

Oral Help

Assignment 3.1

Plane Stress

$$\frac{E}{1-\nu^2} \begin{bmatrix} 1 & \nu & 0 \\ \nu & 1 & 0 \\ 0 & 0 & \frac{1-\nu}{2} \end{bmatrix}$$

Plane Strain

$$\frac{E}{(1+\nu)(1-2\nu)} \begin{bmatrix} 1-\nu & \nu & 0 \\ \nu & 1-\nu & 0 \\ 0 & 0 & \frac{1-2\nu}{2} \end{bmatrix}$$

$$\frac{E}{(1+\nu)(1-2\nu)} \begin{bmatrix} 1-\nu & \nu & 0 \\ \nu & 1-\nu & 0 \\ 0 & 0 & \frac{1-2\nu}{2} \end{bmatrix} = \frac{E^*}{1-\nu^{*2}} \begin{bmatrix} 1 & \nu^* & 0 \\ \nu^* & 1 & 0 \\ 0 & 0 & \frac{1-\nu^*}{2} \end{bmatrix}$$

It must be true component by component. Let's focus in two components (K_{33} and K_{11})

Let's start with component 33 and using $(1-\nu^{*2}) = (1+\nu^*)(1-\nu^*)$

$$\frac{E}{(1+\nu)2} = \frac{E^*(1-\nu^*)}{(1-\nu^*)(1+\nu^*)2} \rightarrow \frac{E^*}{(1+\nu^*)} = \frac{E}{(1+\nu)} \rightarrow \boxed{E^* = \frac{(1+\nu^*)}{(1+\nu)} E}$$

Component 11:

$$\frac{E(1-\nu)}{(1+\nu)(1-2\nu)} = \frac{E^*}{1-\nu^{*2}} = \frac{E(1+\nu^*)}{(1+\nu)(1-\nu^*)(1+\nu^*)} \Rightarrow$$

$$\frac{1-v}{(1+v)(1-2v)} = \frac{1}{(1+v)(1-v^*)} \implies 1-v^* = \frac{1-2v}{1-v} \implies$$

$$v^* = 1 - \frac{1-2v}{1-v} = \frac{1-v-1+2v}{1-v} = \boxed{\frac{v}{1-v} = v^*}$$

then:

$$E^* = \frac{1 + \frac{v}{1-v}}{1+v} E = \frac{1-v+v}{(1-v)(1+v)} E = \frac{E}{(1-v)(1+v)} = \boxed{\frac{E}{1-v^2} = E^*}$$

b) If we repeat the same procedure:

$$\frac{E}{1-v^2} \begin{bmatrix} 1 & v & 0 \\ v & 1 & 0 \\ 0 & 0 & \frac{1-v}{2} \end{bmatrix} = \frac{E^*}{(1+v)(1-2v)} \begin{bmatrix} 1-v^* & v^* & 0 \\ v^* & 1-v^* & 0 \\ 0 & 0 & \frac{1-2v^*}{2} \end{bmatrix}$$

3-3 component:

$$\frac{E(1-v)}{2(1+v)(1-v)} = \frac{E^*(1-2v^*)}{2(1+v^*)(1-2v^*)} \rightarrow \frac{E}{(1+v)} = \frac{E^*}{(1+v^*)} \rightarrow$$

$$\rightarrow \boxed{E^* = \frac{E(1+v^*)}{(1+v)}}$$

1-1 component:

$$\frac{E}{(1-v)(1+v)} = \frac{E^*(1-v^*)}{(1+v^*)(1-2v^*)} = \frac{E(1-v^*)}{(1+v)(1-2v^*)} \rightarrow \frac{1}{(1-v)} = \frac{1-v^*}{1-2v^*}$$

$$(1-\nu) = \frac{(1-2\nu^*)}{1-\nu^*} \rightarrow \nu = \frac{1-\nu^* - (1+2\nu^*)}{1-\nu^*} = \frac{\nu^*}{1-\nu^*} \rightarrow$$

$$\nu(1-\nu^*) - \nu^* = 0 \rightarrow \nu - \nu\nu^* - \nu^* = 0 \rightarrow$$

$$\rightarrow \nu - (1+\nu)\nu^* = 0 \rightarrow \boxed{\nu^* = \frac{\nu}{1+\nu}}$$

then

$$E^s = E \frac{1 + \frac{\nu}{1+\nu}}{1+\nu} = E \frac{1+\nu+\nu}{(1+\nu)^2} = \boxed{E \frac{(1+2\nu)}{(1+\nu)^2} = E^*}$$

Assignment 3.2

$$a) \quad \lambda = \frac{E\nu}{(1+\nu)(1-2\nu)} \quad (1) \quad \nu = \frac{E}{2(1+\nu)} \quad (2)$$

From equation (1):

$$E = \frac{\lambda(1+\nu)(1-2\nu)}{\nu} \quad \text{plugging it into equation (2)}$$

$$\nu = \frac{\lambda(1-2\nu)}{2\nu} \quad \text{isolating: } \nu =$$

$$2\nu\nu - \lambda + 2\nu\lambda = 0 \rightarrow 2\nu(\nu + \lambda) = \lambda \rightarrow$$

$$\boxed{\nu = \frac{\lambda}{2(\nu + \lambda)}}$$

Now from equation (2) we know:

$$E = 2\gamma(1+\nu) = 2\gamma\left(1 + \frac{\lambda}{2(\gamma+\lambda)}\right) = 2\gamma\left(\frac{2\gamma+2\lambda}{2(\gamma+\lambda)}\right) = \boxed{\gamma \frac{2\gamma+2\lambda}{(\gamma+\lambda)} = E}$$

b) Plane Stress

$$\frac{E}{1-\nu^2} \begin{bmatrix} 1 & \nu & 0 \\ \nu & 1 & 0 \\ 0 & 0 & \frac{1-\nu}{2} \end{bmatrix}$$

from the previous part we know:

$$\nu = \frac{\lambda}{2(\gamma+\lambda)}$$

$$E = 2\gamma(1+\nu)$$

Term multiplying the matrix can be written:

$$\frac{E}{1-\nu^2} = \frac{E}{(1-\nu)(1+\nu)} = \frac{2\gamma(1+\nu)}{(1-\nu)(1+\nu)} = \boxed{\frac{2\gamma}{1-\nu}}$$

Component 3-3

$$\frac{2\gamma}{(1-\nu)} \frac{1-\nu}{2} = \boxed{\gamma}$$

Component 1-1

$$\frac{2\gamma}{1-\nu} = \frac{2\gamma}{1 - \frac{\lambda}{2(\gamma+\lambda)}} = \frac{2\gamma}{\frac{2\gamma+2\lambda-\lambda}{2(\gamma+\lambda)}} = \boxed{\frac{4\gamma(\gamma+\lambda)}{2\gamma+\lambda}}$$

Component 1-2

$$\frac{2\gamma\nu}{1-\nu} = \frac{2\gamma\lambda}{2(\gamma+\lambda)\left(1 - \frac{\lambda}{2(\gamma+\lambda)}\right)} = \frac{2\gamma\lambda}{2(\gamma+\lambda)\left(\frac{2\gamma+2\lambda-\lambda}{2(\gamma+\lambda)}\right)} = \boxed{\frac{2\gamma\lambda}{2\gamma+\lambda}}$$

S_0 at the end:

Plane Stress

$$\begin{pmatrix} \frac{4\nu(\nu+1)}{2\nu+1} & \frac{2\nu\lambda}{2\nu+1} & 0 \\ \frac{2\nu\lambda}{2\nu+1} & \frac{4\nu(\nu+1)}{2\nu+1} & 0 \\ 0 & 0 & \nu \end{pmatrix}$$

Plane Strain:

$$\frac{E}{(1+\nu)(1-2\nu)} \begin{bmatrix} 1-2\nu & \nu & 0 \\ \nu & 1-2\nu & 0 \\ 0 & 0 & \frac{1-2\nu}{2} \end{bmatrix}$$

$$E = 2\nu(1+\nu)$$

element Component 3-3

$$\frac{E}{(1+\nu)(1-2\nu)} \frac{1-2\nu}{2} = \frac{2\nu(1+\nu)}{(1+\nu)(1-2\nu)} \frac{1-2\nu}{2} = \boxed{\nu}$$

Component 1-1

$$\frac{2\nu(1-2\nu)}{(1-2\nu)} = \frac{2\nu(1 - \frac{1}{2(\nu+1)})}{(1 - \frac{2\nu}{2(\nu+1)})} = \frac{2\nu(2\nu-1)}{2\nu} = \boxed{2\nu-1}$$

Component 1-2

$$\frac{2\nu\nu}{(1-2\nu)} = \frac{2\nu \frac{1}{2(\nu+1)}}{(1-2\nu)} = \frac{2\nu\lambda}{2(\nu+1)(1 - \frac{2\nu}{2(\nu+1)})} = \frac{2\nu\lambda}{2(\nu+1) \frac{2\nu}{2(\nu+1)}} = \boxed{\lambda}$$

then. plane strain:

$$\begin{pmatrix} 2\gamma - \lambda & \lambda & 0 \\ \lambda & 2\gamma - \lambda & 0 \\ 0 & 0 & \gamma \end{pmatrix}$$

b) $E = E_x + E_y$

$$E = \lambda \begin{pmatrix} -1 & 1 & 0 \\ 1 & -1 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

and

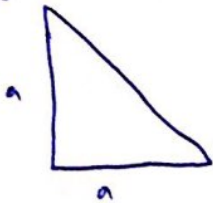
$$E = \gamma \begin{pmatrix} 2 & 0 & 0 \\ 0 & 2 & 0 \\ 0 & 0 & 1 \end{pmatrix}$$

$$E = \lambda \begin{pmatrix} -1 & 1 & 0 \\ 1 & -1 & 0 \\ 0 & 0 & 0 \end{pmatrix} + \gamma \begin{pmatrix} 2 & 0 & 0 \\ 0 & 2 & 0 \\ 0 & 0 & 1 \end{pmatrix}$$

d) $E_x(E, \nu) = \frac{E\nu}{(1+\nu)(1-2\nu)} \begin{pmatrix} -1 & 1 & 0 \\ 1 & -1 & 0 \\ 0 & 0 & 0 \end{pmatrix}$

$$E_y(E, \nu) = \frac{E}{2(1+\nu)} \begin{pmatrix} 2 & 0 & 0 \\ 0 & 2 & 0 \\ 0 & 0 & 1 \end{pmatrix}$$

Assignment 3.3



$$A = \frac{a^2}{2}$$

$$a) \quad k^{(a)} = \frac{hA}{4A^2} \begin{bmatrix} y_{23} & 0 & x_{32} \\ 0 & x_{32} & y_{23} \\ y_{31} & 0 & x_{13} \\ 0 & x_{13} & y_{31} \\ y_{12} & 0 & x_{21} \\ 0 & x_{21} & y_{12} \end{bmatrix} \frac{E}{1-\nu^2} \begin{bmatrix} 1 & \nu & 0 \\ \nu & 1 & 0 \\ 0 & 0 & \frac{1-\nu}{2} \end{bmatrix} \begin{bmatrix} y_{23} & 0 & y_{31} & 0 & y_{12} & 0 \\ 0 & x_{32} & 0 & x_{13} & 0 & x_{21} \\ x_{32} & y_{23} & x_{13} & y_{31} & x_{21} & y_{12} \end{bmatrix} =$$

$$= \frac{hA}{4A^2} \begin{bmatrix} y_{23} & 0 & x_{32} \\ 0 & x_{32} & y_{23} \\ y_{31} & 0 & x_{13} \\ 0 & x_{13} & y_{31} \\ y_{12} & 0 & x_{21} \\ 0 & x_{21} & y_{12} \end{bmatrix} \frac{E}{1-\nu^2} \begin{bmatrix} y_{23} & \nu x_{32} & y_{31} & \nu x_{13} & y_{12} & \nu x_{21} \\ \nu y_{23} & x_{32} & \nu y_{31} & x_{13} & \nu y_{12} & x_{21} \\ \frac{1-\nu}{2} x_{32} & \frac{1-\nu}{2} y_{23} & \frac{1-\nu}{2} x_{13} & \frac{1-\nu}{2} y_{31} & \frac{1-\nu}{2} x_{21} & \frac{1-\nu}{2} y_{12} \end{bmatrix}$$

$$= \frac{hE}{4A(1-\nu^2)} \begin{bmatrix} y_{23}^2 + \frac{1-\nu}{2} x_{32} x_{32} & \nu y_{23} x_{32} + \frac{1-\nu}{2} y_{23} x_{32} & y_{23} y_{31} + \frac{1-\nu}{2} x_{32} x_{13} & \dots \\ \nu x_{32} y_{23} + \frac{1-\nu}{2} x_{32} y_{23} & x_{32}^2 + \frac{1-\nu}{2} y_{23}^2 & \nu y_{31} x_{32} + y_{23} \frac{1-\nu}{2} x_{13} & \dots \\ y_{31} y_{23} + \frac{1-\nu}{2} x_{32} x_{13} & \nu x_{32} y_{31} + \frac{1-\nu}{2} y_{23} x_{13} & y_{31}^2 + \frac{1-\nu}{2} x_{13}^2 & \dots \\ \nu x_{13} y_{23} + \frac{1-\nu}{2} x_{32} y_{31} & x_{32} x_{13} + \frac{1-\nu}{2} y_{23} y_{31} & \nu y_{31} x_{13} + \frac{1-\nu}{2} x_{13} y_{31} & \dots \\ y_{12} y_{23} + \frac{1-\nu}{2} x_{21} x_{32} & \nu x_{32} y_{12} + \frac{1-\nu}{2} y_{23} x_{21} & y_{31} y_{12} + \frac{1-\nu}{2} x_{13} x_{21} & \dots \\ \nu x_{21} y_{23} + \frac{1-\nu}{2} x_{32} y_{12} & x_{21} x_{32} + \frac{1-\nu}{2} y_{23} y_{12} & \nu y_{31} x_{21} + \frac{1-\nu}{2} y_{12} x_{13} & \dots \end{bmatrix}$$

$$\dots \frac{1-\nu}{2} x_{13} y_{23} + \frac{1-\nu}{2} y_{31} x_{32}$$

$$\frac{1-\nu}{2} y_{31} y_{23} + x_{32} x_{13}$$

$$\frac{1-\nu}{2} x_{13} y_{31} + \nu x_{13} y_{31}$$

$$\frac{1-\nu}{2} y_{31}^2 + x_{13}^2$$

$$\frac{1-\nu}{2} x_{21} y_{31} + \nu x_{13} y_{12}$$

$$x_{13} x_{21} + \frac{1-\nu}{2} y_{31} y_{12}$$

$$y_{12} y_{23} + x_{32} \frac{1-\nu}{2} x_{21}$$

$$\nu y_{12} x_{32} + \frac{1-\nu}{2} y_{23} x_{21}$$

$$y_{12} y_{31} + \frac{1-\nu}{2} x_{13} x_{21}$$

$$\frac{1-\nu}{2} x_{21} y_{31} + \nu x_{13} y_{12}$$

$$\frac{1-\nu}{2} x_{21}^2 + y_{12}^2$$

$$\frac{1-\nu}{2} y_{12} x_{21} + \nu y_{12} x_{21}$$

$$\nu x_{21} y_{23} + \frac{1-\nu}{2} y_{12} x_{32}$$

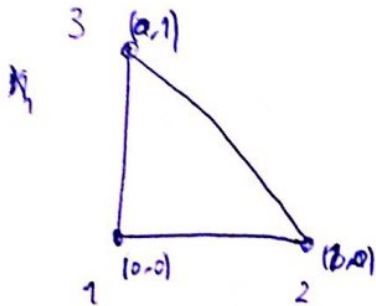
$$x_{21} x_{32} + \frac{1-\nu}{2} y_{23} y_{12}$$

$$\nu x_{21} y_{31} + \frac{1-\nu}{2} x_{13} y_{12}$$

$$\frac{1-\nu}{2} y_{12} y_{31} + x_{13} x_{21}$$

$$\frac{1-\nu}{2} y_{12} x_{21} + \nu y_{12} x_{21}$$

$$x_{21}^2 + \frac{1-\nu}{2} y_{12}^2$$



Note 1: (0,0)

2: (1,0)

3: (0,1)

$$\left[\begin{array}{l} x_{12} = 0 - 1 = -1 \\ x_{13} = 0 \\ x_{21} = 1 - 0 = 1 \\ x_{31} = 0 \\ x_{32} = 0 - 1 = -1 \\ x_{23} = 1 - 0 = 1 \end{array} \right.$$

$$\left[\begin{array}{l} y_{12} = 0 - 0 = 0 \\ y_{21} = 0 \\ y_{13} = 0 - 1 = -1 \\ y_{31} = 1 \\ y_{32} = 1 - 0 = 1 \\ y_{23} = -1 \end{array} \right.$$

then:

$$K^{(e)} = \frac{hE}{4A(1-\nu^2)}$$

$$\begin{bmatrix} \frac{1-\nu}{2} + 1 & \frac{1-\nu}{2} + \nu & -1 & -\frac{1-\nu}{2} & -\frac{1-\nu}{2} & -\nu \\ \frac{1-\nu}{2} + \nu & \frac{1-\nu}{2} + 1 & -\nu & -\frac{1-\nu}{2} & -\frac{1-\nu}{2} & -1 \\ -1 & -\nu & 1 & 0 & 0 & \nu \\ -\frac{1+\nu}{2} & -\frac{1-\nu}{2} & 0 & \frac{1-\nu}{2} & \frac{1-\nu}{2} & 0 \\ -\frac{1-\nu}{2} & -\frac{1-\nu}{2} & 0 & \frac{1-\nu}{2} & \frac{1-\nu}{2} & 0 \\ -\nu & -1 & \nu & 0 & 0 & 1 \end{bmatrix}$$

when $\nu = 0$

$$K^{(e)} = \frac{hE}{4A}$$

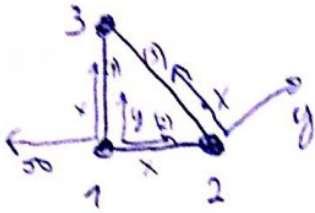
$$\begin{bmatrix} \frac{3}{2} & \frac{1}{2} & -1 & -\frac{1}{2} & -\frac{1}{2} & 0 \\ \frac{1}{2} & \frac{3}{2} & 0 & -\frac{1}{2} & -\frac{1}{2} & -1 \\ -1 & 0 & 1 & 0 & 0 & 0 \\ -\frac{1}{2} & -\frac{1}{2} & 0 & \frac{1}{2} & \frac{1}{2} & 0 \\ -\frac{1}{2} & -\frac{1}{2} & 0 & \frac{1}{2} & \frac{1}{2} & 0 \\ 0 & -1 & 0 & 0 & 0 & 1 \end{bmatrix}$$

with $h=1$
 $A=\frac{1}{2}$

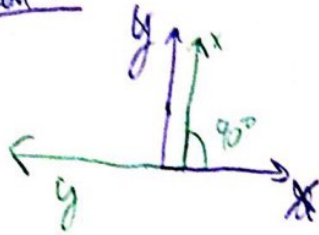
$$K^{(e)} = \frac{E}{2}$$

$$\begin{bmatrix} \frac{3}{2} & \frac{1}{2} & -1 & -\frac{1}{2} & -\frac{1}{2} & 0 \\ \frac{1}{2} & \frac{3}{2} & 0 & -\frac{1}{2} & -\frac{1}{2} & -1 \\ -1 & 0 & 1 & 0 & 0 & 0 \\ -\frac{1}{2} & -\frac{1}{2} & 0 & \frac{1}{2} & \frac{1}{2} & 0 \\ -\frac{1}{2} & -\frac{1}{2} & 0 & \frac{1}{2} & \frac{1}{2} & 0 \\ 0 & -1 & 0 & 0 & 0 & 1 \end{bmatrix}$$

If we consider the second model



element 1:

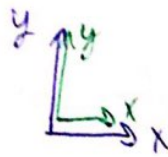


$$C = \cos 90^\circ = 0$$

$$S = \sin 90^\circ = 1$$

$$K^{(1)} = \frac{EA_1}{1} \begin{bmatrix} 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & -1 \\ 0 & 0 & 0 & 0 \\ 0 & -1 & 0 & 1 \end{bmatrix}$$

element 2:



$$C = \cos 0^\circ = 1$$

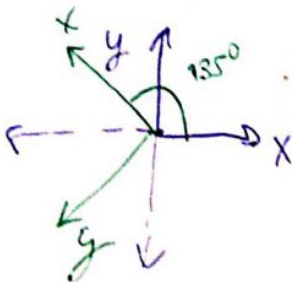
$$S = \sin 0^\circ = 0$$

$$K^{(2)} = \frac{EA_2}{1}$$

$$K^{(2)} = \frac{EA_2}{1} \begin{bmatrix} 1 & 0 & -1 & 0 \\ 0 & 0 & 0 & 0 \\ -1 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 \end{bmatrix}$$

element 3:

$$h = L^{(3)} = \sqrt{1^2 + 1^2} = \sqrt{2}$$



$$C = \cos(135^\circ) = -\frac{1}{\sqrt{2}}$$

$$S = \sin(135^\circ) = \frac{1}{\sqrt{2}}$$

$$K^{(3)} = \frac{EA_3}{\sqrt{2}} \begin{pmatrix} \frac{1}{2} & -\frac{1}{2} & \frac{1}{2} & -\frac{1}{2} \\ -\frac{1}{2} & \frac{1}{2} & \frac{1}{2} & -\frac{1}{2} \\ -\frac{1}{2} & \frac{1}{2} & \frac{1}{2} & -\frac{1}{2} \\ \frac{1}{2} & -\frac{1}{2} & -\frac{1}{2} & \frac{1}{2} \end{pmatrix}$$

Now we globalize the stiffness matrices

$$k_{\text{global}}^{(1)} = EA_1 \begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & -1 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 & 0 & 1 \\ 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix} = EA_1 \begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 & 0 & -1 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 & 0 & 1 \end{pmatrix}$$

$$k_{\text{global}}^{(2)} = EA_2 \begin{pmatrix} 1 & 0 & -1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ -1 & 0 & 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \end{pmatrix}$$

$$k_{\text{global}}^{(3)} = \frac{EA_3}{\sqrt{2}} \begin{pmatrix} 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & \frac{1}{2} & -\frac{1}{2} & -\frac{1}{2} & \frac{1}{2} \\ 0 & 0 & -\frac{1}{2} & \frac{1}{2} & \frac{1}{2} & -\frac{1}{2} \\ 0 & 0 & -\frac{1}{2} & \frac{1}{2} & \frac{1}{2} & -\frac{1}{2} \\ 0 & 0 & \frac{1}{2} & -\frac{1}{2} & -\frac{1}{2} & \frac{1}{2} \end{pmatrix}$$

then the total stiffness matrix

$$K^{(0)} = k_g^{(1)} + k_g^{(2)} + k_g^{(3)}$$

$$K_g = E \begin{pmatrix} A_2 & 0 & -A_2 & 0 & 0 & 0 \\ 0 & A_1 & 0 & 0 & 0 & -A_1 \\ -A_2 & 0 & A_2 + \frac{A_3}{\sqrt{2}} & -\frac{A_3}{2\sqrt{2}} & -\frac{A_3}{2\sqrt{2}} & +\frac{A_3}{2\sqrt{2}} \\ 0 & 0 & -\frac{A_3}{2\sqrt{2}} & \frac{A_3}{2\sqrt{2}} & \frac{A_3}{2\sqrt{2}} & -\frac{A_3}{2\sqrt{2}} \\ 0 & 0 & -\frac{A_3}{2\sqrt{2}} & \frac{A_3}{2\sqrt{2}} & \frac{A_3}{2\sqrt{2}} & -\frac{A_3}{2\sqrt{2}} \\ 0 & A_1 & \frac{A_3}{2\sqrt{2}} & -\frac{A_3}{2\sqrt{2}} & -\frac{A_3}{2\sqrt{2}} & A_1 + \frac{A_3}{2\sqrt{2}} \end{pmatrix}$$

5) There is no values for which $k_{\text{bar}} = k_{\text{triangle}}$
 There are no values for which both matrices look the same.

c) The reason is that physically the triangle is considered as a continuum body (solid body) and the bar model is considered as an empty space except in the edges. In the bar model, elements can only produce forces in the longitudinal direction and not in the transversal direction. That's why in the stiffness matrix appear terms which are zero in one model and not in the other one.

d) Given that we considered $\nu \neq 0$ at the beginning we have:

$$K = \frac{E}{2} \begin{pmatrix} \frac{3-\nu}{2} & \frac{1+\nu}{2} & -1 & \frac{\nu-1}{2} & \frac{\nu-1}{2} & -\nu \\ \frac{1+\nu}{2} & \frac{3-\nu}{2} & -\nu & \frac{\nu-1}{2} & \frac{\nu-1}{2} & -1 \\ -1 & -\nu & 1 & 0 & 0 & \nu \\ \frac{\nu-1}{2} & \frac{\nu-1}{2} & 0 & \frac{1-\nu}{2} & \frac{1-\nu}{2} & 0 \\ \frac{\nu-1}{2} & \frac{\nu-1}{2} & 0 & \frac{1-\nu}{2} & \frac{1-\nu}{2} & 0 \\ -\nu & -1 & \nu & 0 & 0 & 1 \end{pmatrix}$$

Compared with the matrix "K" when $\nu=0$ it can be seen that poisson modulus introduces a non-zero value in the stiffness matrix in positions where there was a 0 when poisson effects were zero.

neglected. It can also be seen that ν "balances" most of the terms.
 For example, all positive terms when $\nu=0$ now are the same value minus ν

$$1-1: \frac{1}{2} \longrightarrow \frac{1-\nu}{2}$$

$$4-6: \frac{1}{2} \longrightarrow \frac{1-\nu}{2}$$

on negative terms now are "corrected" so the effect is not as big as before.

$$\frac{-1}{2} \longrightarrow \frac{\nu-1}{2}$$

To summarize, given that ν introduces deformation in the "transverse" direction the effect is that most of the terms include this correction.